The Institute for Teaching and Learning, or ITL, is designed to provide hours of intensive, immediately applicable learning to professionals of all levels, including early career faculty, private practitioners transitioning into education, and experienced faculty looking to sharpen their teaching skills. In the 2021 ITL, the following topics and objectives were explored:

**DAY ONE:**
**Wednesday, August 25, 2021: Establishing a Firm Foundation**

Teaching with Intention
- Discuss the “Intention of Teaching”.
- Examine the relationship between quality of teaching, person-centeredness and philosophy of teaching.

Confronting Complexities & Advancing Forward
- Discuss characteristics of leadership which are useful during sustained crisis or operational disruption.
- Reflect upon strategies for handling personal fears and anxieties which may hinder optimal leadership during crisis.
- Describe and share one observation of successful academic leadership during the pandemic.

Creating a Personal Teaching Philosophy to Promote Learning
- Discuss the purpose of a personal teaching philosophy and its relationship to values, goals, beliefs, and a successful teaching career.
- Provide three strategies for developing a personal teaching philosophy.
- Discuss how a personal teaching philosophy evolves over time.

Why and How to Be an Effective Educator
- Delve into the pedagogy, andragogy, and heutagogy continuum and explore the relationship to a humanistic learning environment.
- Distinguish between various teaching and learner types and discuss the association between them.

**DAY TWO:**
**Thursday, August 26, 2021: Implementing Processes to Enhance Critical Thinking & Optimize Learning**

Assessing Competence: Why and How?
- Examine methods of assessing competence.
- Develop competency assessments that promote the learning process.

Humanistic Approach to Teaching and Learning
- Apply principles of humanistic education in the learning environment.
- Explore curriculum planning that promotes critical thinking and problem-based strategies.
Creating Learner Centered Relationships
- Define learner-center education and discuss its importance to health professions education.
- Describe effective educator behaviors that contribute to an effective learner centered relationship.
- Develop your personal plan for creating learner centered relationships.

The Remediation Process: Guiding the Struggling Learner Back on the Path
- Identify the elements that influence student learning (positive and negative).
- Describe the value of a comprehensive diagnostic process to identify learning deficits.
- Discuss the obstacles for successful remediation.
- Describe the desired features of a successful remediation program.

DAY THREE:
Friday, August 27, 2021: Cultivating Health Professionals in a Healthy Environment

Fostering a Diverse, Inclusive, and Humanistic Environment
- Discuss implicit bias
- Explore strategies to ensure culturally competent teaching and learning practices.

Clinical Preceptors: Coaching Approach for Deeper Learning
- Explore how to effectively use constructive feedback to positively reinforce performance and highlight areas for improvement.
- Develop a coaching approach to providing feedback by exploring practice application of teaching and feedback styles.

Improving Engagement in the Virtual Learning Environment
- Examine challenges and barriers facing faculty and students in a virtual environment.
- Discuss best practices and strategies related to designing and implementing virtual learning experiences.
- Design an online or blended learning experience (lesson plan) tailored to your individual learning environment.

DAY FOUR:
Saturday, August 28, 2021: Implementing Forward Strategies for Improved Outcomes

Telehealth: Overcoming Barriers with Coordination, Technology, and Clinical Care
- Define telehealth and identify its use in the delivery of healthcare
- Discuss the current status of telehealth in healthcare and professional curricula and future challenges

Resilience and Well-being
- Assess one’s current state of wellness and resilience.
- Explore resilience and wellbeing as it relates to traumatic experiences in life and workplace.
- Identify strategies for developing resilience as an educator.

Bridging the Gap Between Personal Development and Institutional Engagement
- Identify opportunities beyond the ITL experience.
- Develop a plan to apply the lessons of the ITL at your home institution/organization.