INSTRUCTIONS FOR MANAGEMENT OF AN EXPOSURE

1. Confirm that your patient is comfortable.
2. Manage contact with patient’s body fluid:
   - **Needle Stick or Puncture Wound**: Immediately remove gloves and wash the contaminated area with an antimicrobial soap and water; apply an antiseptic (optional), such as hydrogen peroxide; and bandage.
   - **Eye/Mucous Membrane Contact**: Proceed to the nearest Eye Wash Station/Sink and wash the area with copious amount of COLD Water.
   - **Non-intact Skin Contact**: Wash skin thoroughly with an antimicrobial soap and water; apply an antiseptic (optional), such as hydrogen peroxide; and bandage.

3. Immediately after cleaning the exposure site, call a Dental Administrator:
   - Ms. Denise Byczko, CDA, Patient Care Coordinator, Ext 8959
   - Ms. Marlena Golaszewski, Patient Care Coordinator, Ext 5443
   - Ms. Colleen Majsk, CDA, Patient Care Coordinator, Ext 8167
   - Ms. Karolina Piotrowski, CDA, Patient Care Coordinator, Ext 6587
   - Ms. Violet Pierson, CDA, Patient Care Coordinator, Ext 7677
   - Ms. Diamaris Torres, CDA, Patient Care Coordinator, Ext 4087
   - Mr. Josefina Ruiz, CDA, Patient Care Coordinator, Ext 2178
   - Ms. Bibi Mayalall, Clinical Practice Manager, Ext 8383
   - Ms. Pamela Miles, Clinical Practice Manager, Ext 7140

4. The Dental Clinic Administrator will arrive with a folder of necessary paperwork that needs to be filled out before you go to Employee Health and the source patient is taken to the Blood Lab. Both you and the patient will be assigned a number that is the tracking device for the lab results.

5. Once the paperwork has been reviewed with your patient and the necessary paperwork completed, a Clinic Administrator will call Employee Health Services (X 2893) to notify them of the exposure and to set up a time for you to go down for treatment. After 4 pm you will need to go to the hospital ER. A call will also be made to the blood lab (X 3281) to inform them we will be walking a source patient up for testing. The Clinic Administrator will direct someone to walk the patient upstairs to the Blood Lab.

Report all Exposures!
There is a two hour window to be seen and treatment started if deemed necessary
Post Exposure Protocol for Kane Street and CCMC Dental Clinics

1. Confirm that the patient is comfortable.

2. Manage contact with patient’s body fluid.
   - **Needstick or Puncture Wound**
     Immediately remove gloves and wash the contaminated area with an antimicrobial soap and water. Apply an antiseptic (optional), such as hydrogen peroxide, and bandage.
   
   - **Protocol for Eye/Mucous Membrane Contact**
     Proceed to the nearest Eye Wash Station/sink and wash the area with copious amounts of cold water.

   - **Protocol for Non-intact Skin Contact**
     Wash skin thoroughly with an antimicrobial soap and water. Apply antiseptic (optional) such as hydrogen peroxide.

3. For exposures taking place at CCMC, contact faculty the member in charge or Dental Assisting supervisor. They will assist you in following the CCMC Exposure Control Plan. You may choose to follow-up with UCHC Employee Health Service.

4. For exposures taking place at Kane Street, contact the faculty member in charge, the Dental Hygienist or Lead Dental Assistant. They will explain the incident to the patient or parent/guardian and request that the patient be tested for HBsAg, Hep C and the HIV virus on the same day as the exposure, after pretest counseling. They will also provide all necessary forms for the laboratory tests and will walk the patient to the laboratory. (Located across the hall from the waiting room on the 2nd floor). All blood drawn for both patients and providers will be transported to UCHC Employee Health Service in appropriate labeled containers by trained personnel.

5. The health care provider should seek medical attention from Employee Health Service as soon as patient care allows. If after regular working hours, contact the John Dempsey Hospital Emergency Department. This should be done as soon as possible, the same day as the exposure. If this is not possible please contact Employee Health Service regarding proper procedure for follow up.

6. UCONN School of Dental Medicine employees (those individuals who receive Health Center paychecks only) must report injuries directly to Human Resources by dialing x2426. (Voice mail is available during the hours Human Resources are closed.) All others, including those receiving stipends, must report to Public Safety and complete a written accident report. Please remember that it is important to report all injuries and to do so within 24 hours.
Post Exposure Plan for COVID-19 Pandemic and Management of COVID-19 Positive Patient

- Early identification by front line staff is critical for timely containment and minimization of risk to staff and caregivers. If a patient presents with acute symptoms (e.g. difficulty breathing or severe shortness of breath) defer evaluation and refer to Emergency Department.

- If a patient or visitor exhibits signs or symptoms of COVID-19 (fever >100.4 F), cough, shortness of breath or difficulty breathing, chills, sore throat, muscle pain and new loss of taste or smell); staff should immediately contact a faculty member for further analysis. If the faculty member determines that this individual is a potential COVID-19 case, the following steps should be taken:
  - Patient should be given a level 3 mask, placed in closed room and the attending faculty should be notified to determine nature of dental visit and rule out need for emergent care.
  - Isolate the patient in a negative pressure patient room, if available and close the door. Post an isolation "STOP" sign on the door. An inventory of patients and staff who may have come in contact with the suspected or COVID-19 positive individual should be maintained for necessary documentation and determination of future next steps.
  - Notification and communication with the following personnel are advised regarding HCPs with prolonged exposure (15 minutes or greater) with COVID-19 positive patient:
    - Attending faculty
    - Dental Clinic Manager (see above for #)
    - Patient Care Coordinators (see above for #)
  - SODM employees and non-employees are advised to contact the UCONN Health COVID Call Center (860) 679-3199 and/or Occupation Health for recommendations for COVID-19 testing and self-isolation / quarantine measures.
The following is the CDC guidance on post exposure protocol for HCP (May 19, 2020):

<table>
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<tr>
<th>Exposure</th>
<th>Personal Protective Equipment Used</th>
<th>Work Restrictions</th>
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| HCP who had prolonged close contact with a patient, visitor, or HCP with confirmed COVID-19 | • HCP not wearing a respirator or facemask<sup>1</sup>  
• HCP not wearing eye protection  
• HCP not wearing all recommended PPE (i.e., gown, gloves, eye protection, respirator) while performing an aerosol-generating procedure | • Exclude from work for 14 days after last exposure<sup>1</sup>  
• Advise HCP to monitor themselves for fever or symptoms consistent with COVID-19<sup>6</sup>  
• Any HCP who develop fever or symptoms consistent with COVID-19<sup>6</sup> should immediately contact their established point of contact (e.g., occupational health program) to arrange for medical evaluation and testing. |
| HCP other than those with exposure risk described above | • N/A | • No work restrictions  
• Follow all recommended infection prevention and control practices, including wearing a facemask for source control while at work, monitoring themselves for fever or symptoms consistent with COVID-19<sup>6</sup> and not reporting to work when ill, and undergoing active screening for fever or symptoms consistent with COVID-19<sup>6</sup> at the beginning of their shift.  
• Any HCP who develop fever or symptoms consistent with COVID-19<sup>6</sup> should immediately self-isolate and contact their established point of contact (e.g., occupational health program) to arrange for medical evaluation and testing. |

HCP with travel or community exposures should inform their occupational health program for guidance on need for work restrictions.